

13.10.2023

To
The Chairperson
Satyam Group of Institutions
Noida

Subject- Regarding funding required for the Project of Heartfulness.

Dear Ma'am,

We would like to congratulate you on the successful completion of the research project done on "Impact Study of Heartfulness Meditation on Perceived Stress and Life Satisfaction Detection Analysis in Female Students".

The study was a 20-week prospective cohort analysis comparing perceived stress and satisfaction with life outcomes among female students who were self-selected to participate in the Heartfulness meditation program. The study was approved by the institutional review board of the Satyam Group of Institutions and affiliated with SNTD Women's University.

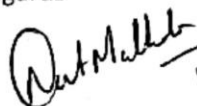
The Project was completed under the guidance and support from Dr. Kamlesh D Patel (Daaji), the Global Guide of Heartfulness and with the support from the Heartfulness Institute for providing support to the entire project on a voluntary basis. The facilitators, training materials, etc. were provided free of charge by the Heartfulness Institute.

In this regards I would like to request you to kindly provide fund of one Lakh for the completion of the project as it will also be mentioned in our NAAC criterion 3.1 for Research Projects and Grants section.

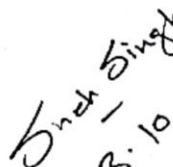
Kindly transfer the amount of one lakh rupees in our account so that we can further proceed it for the payment.


Thanking you in anticipation

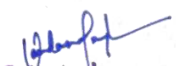
Regards


13/10/2023

Dr Neetu Malhotra
Vice Principal & IQAC Coordinator
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